

Annette M. Willgens  
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[awillgen@daemen.edu](mailto:awillgen@daemen.edu)

**Education:**

Graduate Certification in Qualitative Research  
Nova South Eastern University  
Department of Health Science 1/2015-present

Northcentral University, Prescott, Arizona 8/08-2/13  
Doctor of Education  
Concentration in Higher Education Leadership

New York University, NY, NY 6/90-10/92  
Master of Education in Developmental Disabilities

Ithaca College, Ithaca, NY 8/85-5/89  
Bachelor of Science in Physical Therapy  
Psychology Minor

**Licensure Information:** NYS 011240 10/1989

**Certifications:**

Pediatric Clinical Specialist (PCS) 6/2008  
Credentialed Clinical Instructor Level I & II 2006, 2009  
Mindfulness Based Stress Reduction -Certified 2013

**Employment:**

*University of Rochester Children's Hospital*  
*Monroe County Early Intervention Physical Therapist* 6/93 to 9/10

*Nazareth College of Rochester*  
Department of Physical Therapy 6/03 to 6/09  
Part Time Faculty

*Ithaca College at the Rochester Center*  
Department of Physical Therapy 1/08 to 1/10  
Part Time Faculty

*Highland Hospital* Acute care PT 9/09 to 1/14

*Ithaca College Department of Physical Therapy* 6/2012 to 8/2015  
Director of Clinical Education, Assistant Professor

*The Qualitative Report* 5/2015 to present

Editorial Review Board Member, Reviewer

Summit Educational Services  
*Evaluator*

5/2015 to present

**Peer Reviewed Publications:**

Willgens AM, Hummel, K. Uncovering a curricular model of self-care in pediatric physical therapy education. *JOPTE*, submitted August 5, 2015.

Willgens AM et al. Physical therapists' perceptions of mindfulness for stress reduction: an exploratory study. *JOPTE*. Fall 2015 (accepted August 1, 2015).

Willgens AM, Sharf R. Failure in clinical education: using mindfulness as a conceptual framework to explore the lived experiences of 8 physical therapists. *JOPTE*. 2015;29(1): 70-80.

Published Doctoral Dissertation: Failure, Remediation, and Success in Physical Therapy Clinical Education: Is Mindfulness Present? *ProQuest Dissertations*. 2012.

**Non-Peer Reviewed Presentations:**

Mindfulness for the Clinical Instructor: 6/2014, 10/2014, 1/2015, 3/2015

**Funded/In Review Grant Activity:**

**Willgens AM.** Instructional Development Fund, Ithaca College, \$1500, 2014. Project Title: Graduate Certification in Qualitative Research. Used to attend Nova Southeastern University 2015.

**Willgens AM.** Health Science and Human Performance School. \$500 Project Title: Graduate Certification in Qualitative Research. Used to attend Nova Southeastern University 2015.

**Other Scholarly Products:**

Clinical Education Remediation Manual  
Clinical Education Manual  
Clinical Education Curricular Objectives

**Membership in Scientific/Professional Organizations:**

American Physical Therapy Association  
    Education Section  
    Pediatric Section  
    Qualitative Research Section/SIG  
Pediatric Clinical Practice Student Resource Workgroup  
Mindfulness Based Stress Reduction: University of San Diego Medical Center  
Pediatric Journal Club

**Community Service:**

The Rochester Center for Youth: Urban Choice Charter School

**Continuing Education Attended 2012-2014:**

Mindfulness Based Stress Reduction Certification Program UC San Diego School of Medicine  
Scientific Conference in Mindfulness: University of Massachusetts Medical Center  
Applied Biomechanics of Yoga to Maximize Rehab  
Highland Hospital Grand Rounds: Neuro-Case Series (2013, 2014, 2015)  
Ithaca College Clinical Instructor Development Program  
Using the APTA PT CPI for Students: A Self Guided Training Course  
Developing Expertise in Student Supervision (2012)  
University of Rochester: Continuing Medical Education: Mindfulness in Medicine  
University of Rochester: Continuing Medical Education: MBSR 8 week course  
Education Leadership Conference, 2012, 2013, 2014  
Clinical Education Summit  
CAPTE Self Study Workshop  
New Faculty Workshop  
APTA Webinars: Pediatrics in the School Setting  
APTA Webinars: Fraud Prevention  
APTA Webinars: Ethical Compass