

## CURRICULUM VITAE

Theresa Kolodziej, PhD, PT, DPT  
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Phone number: 716-839-8412 (w)  
Position: Director of Clinical Education & Clinical Assistant Professor - Daemen University –  
Physical Therapy Program

### Education:

Doctor of Philosophy  
University at Buffalo  
Medical Anthropology  
May 2013

Transitional DPT  
Daemen College  
Physical Therapy  
May 2004

Master of Science  
University at Buffalo  
Social science – Interdisciplinary  
May 1994

Bachelor of Science  
Daemen College  
Physical Therapy  
May 1983

### Licensure Information:

New York  
License: 007891

### Employment and Positions Held:

Director of Clinical Education  
Clinical Assistant Professor  
Daemen University  
Amherst, New York  
1990 – Present

Assistant Director of Clinical Education  
Administrative Status  
Daemen College  
Amherst, New York  
1988 – 1990

August 2024

Physical Therapist  
Per Diem  
Catholic Health System – McAuley Residence  
Kenmore, New York  
2008 – Present

Physical Therapist, Per Diem  
Tender Loving Care  
Amherst, New York  
2005 – 2008

Physical Therapist, Per Diem  
Beechwood Continuing Care  
Getzville, New York  
1998 – 2005

Consultant Physical Therapist, Per Diem  
St. Clare Manor Nursing Home  
Lockport, New York  
1993 – 2001

Physical Therapist, Per Diem  
CHS – Sisters of Charity Hospital  
Buffalo, New York  
1994 – 1998; 1988 – 1989

Physical Therapist, Part-time clinic and home care  
Episcopal Church Home  
Buffalo, New York  
1992 – 1993

Physical Therapist, Per Diem  
Millard Fillmore Hospital  
Buffalo, New York  
1990 – 1991

Physical Therapist, Per Diem  
Associated Physical Therapists  
Kenmore, New York  
1990

Senior Physical Therapist, Clinical Coordinator and Acting Department Head  
St. Joseph's Hospital  
Cheektowaga, New York  
1986 – 1988

Staff Physical Therapist  
Lake Shore Hospital

Irving, New York  
1984-1986

Staff Physical Therapist  
Western New York Physical Therapy Group  
Depew, New York  
1983 – 1984

Peer Reviewed Publications:

Sakamoto Y, Gunther J, Kolodziej T, Nyquist K. Attempt of balance by Standardized Walking Obstacle Course for the frail elderly (SWOC). *Ibaraki Prefectural University of Health Sciences Bulletin*. 2008.

Buccieri KM, Schultze K, Dungey J, Kolodziej T, et al. Self-reported characteristics of physical therapy clinical instructors: A comparison to the American Physical Therapy Association Guidelines and Self-Assessments for Clinical Education. *J Phys Ther Educ*. Spring 2006; 20(1): 47-55.

Peer Reviewed Scientific and Professional Presentations:

Kolodziej, T., Corcoran C. How is Graduate Physical Therapy Student Self-Reflection and Self-Assessment Facilitated in the Clinical Environment?  
Platform Presentation  
*Accepted for* - Education Leadership Conference (ELC) Oakland, CA  
October 2024

Kolodziej, T, Boggs, R. The Breaking Point: Exploring Burnout, Depression, and Mental Health in Doctor of Physical Therapy Students, Physical Therapists, and Physical Therapist Assistants.  
Poster Presentation.  
Education Leadership Conference (ELC) Philadelphia, PA  
October 2023

Bogulski, J, Hill, B, Nablo, K, Rapp-Dimino, A, Toth, L, Kolodziej, T, Ross, M. Effect of the COVID-19 Pandemic on College Students' Perceived Success & Academic Performance.  
Poster Presentation.  
APTA Combined Sections Meeting. San Diego, CA.  
February 2023

Kolodziej, TA, Colby, T, Ewing, M, Matthews, S. The Lived Experience of Physical Therapists during the COVID-19 Pandemic. Platform Presentation.  
APTA Combined Sections Meeting. San Antonio, TX  
February 2022.

Policella M, Kolodziej TA. Understanding Clinical Instructor's Perceptions and Attitudes Regarding Physical Therapy Students in the Clinic. Poster Presentation.  
Education Leadership Conference (ELC) Atlanta, GA

August 2024

October 2021.

Kolodziej, TA, Policella M.

Integrated Clinical Experiences (ICE) in Physical Therapy Education: Exploring Stakeholder Perceptions of the ICE Model. Poster Presentation.

Education Leadership Conference (ELC) Atlanta, GA

October 2021.

Kolodziej, TA, Strub, A, Schaefer, L, Hulin, A, Stiles, K.

The Lived Experience of Young Adult with Intellectual Disabilities (ID). Platform Presentation.

New York State Physical Therapy Association Conference., Albany, NY

October 2019.

Ryan, D, Kolodziej, TA

Inclusive Fitness Program Design for Adults with and without Intellectual Disabilities (ID).

New York League for Nursing & Pi Zeta Chapter of Sigma Theta Tau International Spring into Quality and Safety Competencies: Interprofessional Education and Practice Conference.

Amherst, NY

March 2018.

Kolodziej TA, Ryan, D, Marvin H, Phillips, T.

Benefits of an Inclusive Fitness Program on Physical Activity and Participation in Adults with and without Intellectual Disabilities (ID).

New York State Physical Therapy Association Conference. Albany, NY

October 2017.

Gunther JS, Kolodziej TA, Bish C, Tiberi J.

Test-retest and interrater reliability of two postural measures in post-menopausal women with osteoporosis.

American Physical Therapy Association Combined Sections Meeting. San Diego CA.

February 2006.

Kolodziej TA, Mazzone M.

Computer based comprehensive examinations to assess learning in Physical Therapy Education.

Sun Conference for Education and Learning. El Paso TX.

March 2005.

Mazzone M, Ford G, Franjoine MR, Kolodziej TA.

Development and implementation of a comprehensive examination process: A tool for evaluating student competency and a Doctor of Physical Therapy curriculum.

American Physical Therapy Association Combined Section Meeting. New Orleans LA.

February 2005.

Buccieri K, Kolodziej TA, Dungey J.

A comparison of self reported characteristics of physical therapy clinical instructors to the guidelines and self-assessments for clinical education published by the American Physical Therapy Association.

August 2024

National Clinical Education Conference. St. Louis MO.  
October 2004.

Kolodziej TA, Mazzone M.  
Utilization of on-line based instruction for novice clinical educators.  
National Clinical Education Conference. Philadelphia PA.  
April 2003.

Gunther JS, Kolodziej TA, Nyquist K, Sakamoto Y.  
Validity of the standardized walking obstacle course (SWOC) as a functional balance and mobility assessment tool in frail elderly persons.  
American Physical Therapy Association Combined Sections Meeting. Tampa FL.  
February, 2003.

Kolodziej TA, Buccieri K.  
Development of a clinical instructor survey: A suggestion from the field.  
American Physical Therapy Association Combined Sections Meeting. Boston MA.  
February, 2002.

Kolodziej TA, Gunther JS.  
Preventing functional decline of frail elderly persons living in an adult care residence.  
New York State Chapter American Physical Therapy Association Conference. Ryebrook, NY.  
October 1996.

Funded / In Review Grant Activity:

Co-Author along with Dr. Diane Ryan (Daemen College Nursing dept.)  
\$50,000 annually for a three year period  
Inclusive Fitness for people with developmental disabilities  
September 2014 – August 2017; New York State Developmental Disabilities Council

Current / Active Research Activity:

Investigator  
Can Mindfulness activities reduce stress and anxiety amongst pre-professional and professional phase Physical Therapy students?

Membership in Scientific/ Professional Organizations:

New York New Jersey Physical Therapy Clinical Education Consortium.

- Member - 1988 – Present
- Co-Chair - 2005-2007
- Secretary - 1998-2000 and 2004-2005
- Technology Committee Chair - 2002-2008

Member of American Physical Therapy Association.

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1982 – Present

Section membership: Geriatrics, Education, Research

New York State Physical Therapy Association

- Member - 1982 – Present
- New York State Program Committee member - 2015 - 2020
- Western District Membership Liaison - 2015 - present
- Western District Vice-Chair - 2008 - 2016
- Western District Corresponding Secretary - 2003 - 2008
- Western District Program Chairperson - 1988 - 1990

Consultative and Advisory Positions Held:

Credentialed Clinical Instructor Program (CCIP) Trainer

APTA

2006-2022

Community Service:

Member on Board of Directors for the Seneca Street Community Development Corporation (SSCDC) Buffalo, New York. Chair of Fundraising Committee. September 2017 - 2020

Coordinator of Annual WNYPTA District Holiday Dinner and Basket Raffle  
Western District New York State Physical Therapy Association  
2012- present

Lector Coordinator

St. Leo the Great Church- Amherst, NY

2008 -

Volunteer

Museum of Disability History - Amherst, NY

2013 - 2020

Services to the University/ College/School on Committees/Councils/Commissions:

University – wide:

1995-1997 and 2014 - Present

Daemen University IRB committee

1995 - Present

Library/RIC Committee Member.

Fall 2015

August 2024

Search Committee member for RIC Director

2000-2003

Seneca Babcock Partnership Organizational Board member

1995

Middle States Accreditation Student Services Committee

1998 - Present

Cooperative Education Faculty Advisor

### Department

2021 – Present

Student Physical Therapy Association (SPTA)

Community Service Faculty Liaison & District Liaison

2010 - 2021

Events Committee – Co-Chair

2008 - Present

Continuing Education Committee Chair

1988 - Present

Academic Advisor for pre-professional/professional phase students

2003-2011

Physical Therapy Comprehensive Exam Committee Member

1999-2004

Physical Therapy Department Alumni Dinner Chairperson

### Honors and Awards:

Outstanding Service to District Award

New York Physical Therapy Association

2023

The General Pulaski Association - Western New York

Pulaski Association Honoree - Outstanding Health Care Professional

2016

Outstanding Service to District Award

New York Physical Therapy Association

2011

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Continuing Education Attended:

Education Leadership Conference – APTA Education Conference. October 2023

American Physical Therapy Association Combined Sections Meeting San Antonio, TX. February 2022

Education Leadership Conference – APTA Education Conference. October 2021.

Education Leadership Conference – APTA Education Virtual Conference. October 2020.

American Physical Therapy Association Combined Sections Meeting Denver, CO. February 2020

American Physical Therapy Association Combined Sections Meeting Washington, DC. February 2019.

American Physical Therapy Association Combined Sections Meeting New Orleans, LA. February 2018.

American Physical Therapy Association NEXT Conference Boston, MA. June 2017.

American Physical Therapy Association Combined Sections Meeting San Antonio, TX. February 2017.

Differential Diagnosis and Screening for Medical Referral: the Do Not want to miss list of Serious Medical Conditions. Amherst, NY. April 2016

American Physical Therapy Association Combined Sections Meeting. Anaheim, CA. February 2016. Specific Courses:

- Exercise and Diabetes: Tools for Integrating Patient-Directed Practice
- Exercise Prescription Principles for the Older Adult With Multiple Chronic Conditions
- See No Evil, Hear No Evil, Speak No Evil: Ethical Challenges in Academia
- Mission Cognition: Advancing the Role of the PT in Chronic Progressive Cognitive Impairment
- Attendance at several special interest group meetings

Evidence Based Concepts of Musculoskeletal Imaging in Physical Therapy. Amherst, NY. May 2015

Living Wills vs. Health Care Proxy: the Law in New York State Today.

August 2024



Amherst, NY. November 2015.

Rehabilitation for Persons with Dementia. Great Seminars. Chicago, IL. July 2014

Physical Therapy Management of Chronic Pain: A Review of Current Strategies.  
Amherst, NY. October 2014.

American Physical Therapy Association Combined Sections Meeting.  
Las Vegas, NV. February 2014. Education and Geriatric Section Sessions. Unable to access transcript through PTA learning Ctr.

American Physical Therapy Association Combined Sections Meeting.  
San Diego, CA. January 2013. Specific courses:

- Grassroots Initiatives in Clinical Education to Discover Collaborative Strategies
- Turning the Traditional Classroom into a 21st Century Knowledge Exchange
- Qualitative Methods: Everything You Want to Know But Were Unsure to Ask
- Academic and Clinical Collaboration to Manage Challenges in Clinical Education
- Let's Get More Hip
- Are you a frustrated SNF Therapist What Can You do to Influence Change
- Exercise Prescription: Are You Pushing Aging Adults Hard Enough

American Physical Therapy Association Combined Sections Meeting.  
Chicago, IL. February 2012. Specific courses:

- Making the Decision: Identifying Reasonable Accommodations for Students with Disabilities.
- Taking "STEPS" Towards a New Model of Early Clinical education
- Evidenced-based Health Promotion, Community Collaboration, and Physical Therapy
- Find the Lesson in the Fun: Innovative Teaching Strategies for the PTA
- Capturing Practical Knowledge in Clinical Narratives

American Physical Therapy Association Combined Sections Meeting.  
New Orleans, LA. February 2011. Education and Geriatric Section Sessions.

#### Teaching Responsibilities in the Entry-Level Program:

Preprofessional Phase, freshman year, fall/spring/summer semesters

- PT 101 Freshman Seminar in Physical Therapy
- PT 201 Sophomore Seminar in Physical Therapy

Professional Phase, fall semester

- PT 575 Pre-Clinical Seminar
- PT 555 Clinical Research II

Professional Phase, spring semester

- PT 530 Psychosocial Aspects of Health and Disability
- PT 554 Clinical Research I

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